



# TUS Midlands Student Counselling Service Newsletter

## Newsletter Content

- Meet the Counselling Team
- Being Well This Academic Year

Welcome new students and welcome back returning students.



@tusstudentcounselling



@TUS\_SCS



@tusmidlandsstudentcounselling

## Meet the Student Counselling team



Treasa Fox



Deirdre Hanamy



Olivia Feehan



Kathy Heavey



Eileen Hannon



Mike Ward



Patricia Lally



Oisín Moloughney



Breda Lynch



Breda Brady



Deirdre Wynne



Caitlín Hester



Mairead Devaney

This counselling service is provided free of charge by qualified and experienced professional counsellors and psychologists. Counselling provides a safe, supportive and confidential environment in which students can discuss any emotional or psychological difficulties they may be experiencing. The counsellor will use their training and expertise to help you clarify what issues are impacting on you and your life, and then facilitate exploration of how you can find better or different ways to live and different perspectives.

## How to get in contact

Go to the counselling page on the TUS website.  
Click 'Register for Counselling'

If there are any issues registering please contact Mairead, the Student Counselling Service Administrator  
Call: +353 (0)90 646 8063 Email: [counselling.midlands@tus.ie](mailto:counselling.midlands@tus.ie)

## Daily Walk-in

Use our walk-in service between 2pm – 3pm daily - No appointment needed

The Student Counselling Service is located in the John Count McCormack Centre on the 1st Floor (Above the Students Union).

